

WIDESIDE

The Official Newsletter of Football Alberta



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Rule Changes for Amateur Football

Football Canada has announced rule changes for the 2008 - 2009 Rule Book. Please follow the link below or visit the Coaching page on the Football Alberta website to see the rule changes as provided by Football Canada:
http://footballalberta.ab.ca/web/coaching/rule_book_changes_2008_2009.php

The file called "Rule Change Summary 2008-2009" is protected to the extent that it cannot be printed; it can only be viewed. The second file, "Rule Changes 2008-2009" is not as highly protected and can be printed.

Some of these changes will be familiar since they were instituted last year (i.e. time does not stop when a first down is made, contacting the center on long snaps although there is clarification on some of those).

While all the changes are important there are some changes for 2008 that coaches may consider more significant and want to be aware of.

Please see the Rule 7 changes and clarification for; the new "Horse Collar" rule and "Hands to the Face" rule, the re-defined "Delayed Knee Block" and the clarification to the "Protection of the Centre".

It is our understanding that the new rules are generally considered to be in effect when the new rule book comes out. For planning purposes we would suggest that this be assumed to be July 1st.

2008 Football Alberta Membership fees are now due.

Membership can be renewed online. Team rosters for insurance purposes should be completed online. If you have not received your username and password, please contact the office.

19th Annual Senior Bowl

The rosters are selected for the 19th Annual Senior Bowl High School Football All-Star Game. These "North" and "South" rosters were selected in April from the top graduating high school players in the province. You will find the complete roster list on page 4.

Special commendation goes out to all of those players who attended the "South" camp from April 18-20 and survived -25 wind chills and constant snow flurries. They truly are the best example of Alberta football.

The final game is scheduled for 12:00 p.m. on Monday, May 19th at Foote Field on the South Campus of the University of Alberta. Tickets are \$10.00 and can be purchased at the door.

For a complete rundown of the schedules for both teams you can check the Football Alberta website at www.footballalberta.ab.ca.

Out of this game the final 36 players will be selected to represent Alberta in the U19 division of the Football Canada Cup being held this

summer in Sherbrooke, Quebec.

Best of luck to both teams. Let's hope the weather holds.

**Monday May 19th
19th Annual
Senior Bowl
12:00 p.m.
Foote Field
University of Alberta
South Campus**

Executive Director's Spring '08 Report — Brian Fryer

PULL YOUR PRICE & DONATE BOOKLET - ANNUAL TEAM FUNDRAISING PLAN

Order 40 Books and Make \$2,400....Is Your Team Interested?

Football Alberta is pleased to again offer our winning fundraising campaign. We are offering a highly successful team fundraising plan, based on a **pull ticket donation** concept. This year teams will make \$2,400 with 40 books ordered. This works out to a **75% profit** from each book sold. These successful "Pull Your Price & Donate" books have an \$80 value and no More Scratches. The prize board features a great **Grey Cup Package**. The draw date is November 3, 2007.

Grey Cup/Vanier Cup Deluxe Package (Thru FAIRLIE TRAVEL)
(Valued at \$3,900.00) Includes:
2 Tickets to Nov 23rd 2008 Grey Cup (96th) in Montreal
4 Nights Hotel (Le Centre Sheraton Montreal Hotel)
(Hotel is home to all Spirit of Edmonton functions)
Airfare for 2 from Edmonton - Roundtrip airport/hotel/game transfers
2 tickets -Spirit of Edmonton Breakfast



HOW THE PROGRAM WORKS:

You start with a Football Alberta - "Pull Your Price & Donate" booklet that contains 50 tickets. Players, coaches and parents approach their favourite people and ask them to Pull Out a ticket & donate the amount on the ticket in support for your football program. Donation amounts range from Free to \$2.50. There are 5 Free tickets per book.

Each book generates \$80.00, of which you keep \$60.00 in profit. Remember out of the \$20, a certain percentage goes towards the printing of the books and the balance goes to us. We pay for all of the prizes and the rest is put towards all of the other programs we offer to amateur football programs. By participating in our fundraiser the dollars raised stay in amateur football teams in Alberta, not anywhere else. **Consider adding \$80 to a player's registration and hand him a book.** All books are then sold upfront.

ORDER FORM

Football Alberta, 11759 Groat Rd., Edmonton AB T5M 3K6 E: bfryer@telus.net Ph:780-427-8108 Fax: 780-427-0524

Payment Method: Check One

Cheque Enclosed _____ Visa _____ MasterCard _____ Card Holder Name _____

Card # _____ Expiry Date _____

Team/Organization Name: _____

Contact Name: _____

Shipping Address:(No Box#) _____ P.C. _____

Phone: (B) _____ (H) _____ Fax _____ E-mail _____

Please ship us (quantity) _____ books @ a cost of \$20 per book. Payment must be received first before books are sent.

Date books are needed: _____

ALBERTA UNIVERSITY GRADS

Recent signings in the CFL Draft include:

- Former Calgary standout Rolly Lumbala (Idaho) signing with the BC Lions via Hamilton.
- Mark DeWit from the Calgary Dinos drafted by Toronto via Edmonton.
- Dan Bass Jr. (son of former CFL Eskimo great Dan Bass) out of the Golden Bears is with the Eskimos.
- Chris Ciezki, former Edmonton Huskie and UBC standout running back, signed with the Eskimos.

CFL EAST/WEST CIS BOWL

Congratulations to the following players who were invited to the CFL East/West Bowl game held May 10 at McMaster in Ontario.

U of Calgary Dino Players

Matt Grohn	DB
Andea Bonaventura	LB
Dylan Steenberg	OL
Vaughn Matin	DL

U of A Golden Bears

Chris Muchena	DB
Tendayi Jozzy	RB
Kyle Pagnucco	DL
Simeon Rottier	OL

Executive Director's Report cont'd.

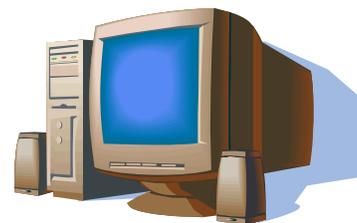
MEMBERSHIP INFORMATION

(All information is on the website at www.footballalberta.ab.ca)

Online Registration

Hopefully you have received your online username and password to register your team. With the online registration and payment option available, our aim is to simplify the registration process. You do not need to fax, mail or send attachments of your team's roster.

If your team or league changes the registrar, please provide them with the team username and password and notify us of the new contact person, including their email address.



Didn't receive your username & password to register your team online? Call or email the office to confirm team contact information.

Plan #1 (Team and Player Insurance)

Minor (Atom, PeeWee, Bantam)	Team fee of \$105.00 (incl. GST) + \$15.00 per person
High School	Team fee of \$131.25 (incl. GST) + \$15.00 per person
Midget/Junior/University	Team fee of \$131.25 (incl. GST) + \$15.00 per person
Senior Men/Female	\$15.00 per person
Flag/Touch	\$7.00 per person

Plan#1 includes \$3 Million Liability and Accident insurance, lower rates on all F AB services and programs

Plan #2 (Team Membership Only, No Insurance)

Rates:

High School, Six man H.S., Midget, Junior, university, Senior Men, Female Tackle: \$131.25 (incl. GST)

This plan is for teams that have adequate insurance. All minor flag and touch teams must take out insurance.

Payment is due, along with team rosters, as of your first practice. If several players are added on in the fall then register them online and send a cheque for the balance.

CDMFA and Edmonton Flag will register with their own leagues online registration system this year. Any questions in regards to anything to deal with membership, insurance or online registration please call the office and we will clarify any issue.

FOOTBALL ALBERTA SCHOLARSHIP PROGRAM

(go to website for application form) Please send completed application to Football Alberta

***Deadline: June 6, 2008, applications must arrive in the office by June 6, not be postmarked by June 6**

ELIGIBILITY & PROCEDURES

- 1.Applications will only be received from Alberta tackle football high school programs that are confirmed paid members of Football Alberta in the year of received application.
- 2.The applicant must be a graduating Grade 12 player who has played tackle high school within the Alberta Schools Athletic Association (ASAA) system.
 - 1.The recipient must be registered in full time (as stipulated by the institution) attendance at an accredited Alberta post-secondary institution all year or both semesters. Program study must be a minimum two (2) years in duration.
 - 2.The Applicant must be participating on a post-secondary Alberta football team of their choice during the year of application while attending the 2 year post-secondary program.

WHAT IS AVAILABLE/REGIONS

Five (5) scholarships valued at **\$1,800 each** are available for the 2008/2009 academic year. 6 x Scholarship/Award regions with each demographically equal region having the capability of receiving at least one award winner each year. Regions will be Northern Alberta, Edmonton, Central Alberta, Calgary and Southern Alberta based on approximately the same number of teams in each region.

NEW TEAMS FOR 2007

New teams that are applying for a Football AB Minor Development Grant are:

- Lloydminster Pee Wee league (4 teams)
- Buck Mountain Six Man High School
- Caroline Six Man High School

Senior Bowl Final Rosters

NORTH SENIOR BOWL SELECTION CAMP

Apr. 11-13, **Footo Field** in Edmonton
(alphabetically by position with H.S. in parentheses)

Quarterbacks

Shayne Clendenning (Ross Sheppard, Edmonton)
Ben Gorniak (Leduc)

Runningbacks

Zach Cramer (Hunting Hills, Red Deer)
Chris Dobko (St. Albert)
Ryan Granberg (Archbishop Jordan, Sherwood Park)
Olakayode Sonuga (Harry Ainlay, Edmonton)

Receivers

Tim Anderson (South Peace, Dawson Creek)
Gord Bowie (Grande Prairie)
Spencer Janke (Hunting Hills, Red Deer)
Jordy Lovig (Wainwright)
Dylan Niwa (Parkland, Spruce Grove)
Nicholas Ross (Salisbury, Sherwood Park)
Jess Valteau (Wainwright)

Offensive Line

Tyler Clemit (Leduc)
Scott Czurlok (Harry Ainlay, Edmonton)
Bryce Forbes (Hunting Hills, Red Deer)
Kevin Frank (Leduc)
Micheal Korte (Bev Facey, Sherwood Park)
Scott Ledieu (Edwin Parr, Athabasca)
Steven Prodan (Bev Facey, Sherwood Park)

Defensive Line

Kevin Arkko (St. Francis Xavier, Edmonton)
Rory Connop (West Edmonton Midget)
Greg Frost (Salisbury, Sherwood Park)
Ben Garry (Salisbury, Sherwood Park)
Grant Mailer (William E. Hay, Stettler)
Kurtis Millington (Grand Centre, Cold Lake)
Cory Ratcliffe (Bellerose, St. Albert)

Linebackers

Marco Contenti (Fort Saskatchewan)
Brett Farquharson (Archbishop Jordan, Sherwood Park)
Tyler Greenslade (St. Francis Xavier, Edmonton)
Luke Leonard (Salisbury, Sherwood Park)
Tommy Simmonds (Fort McMurray)
Tanner Stephens (Bev Facey, Sherwood Park)

Defensive Backs

Adam Beaton (Bev Facey, Sherwood Park)
David Berg (Harry Ainlay, Edmonton)
Devin Guedo (St. Albert)
Christian Konojacki (Ross Sheppard, Edmonton)
Randy Merkel (St. Paul)
Jordan Michalow (Ross Sheppard, Edmonton)
Mitch Millet (Bellerose, St. Albert)

Placekicker

Billy Harvey (Strathcona, Edmonton)

Coaches

Head Coach - Jim Nahrebeski (Leduc)
Assistants - Shane Bannink (Bev Facey, Sherwood Park)
Guy Neitz (Stettler)
Rick Dunnigan (Sylvan Lake)
Brian Buchynski (Ross Sheppard, Edmonton)
Todd Tanaskichuk (St. Paul)
Lee Brentnell (Grande Prairie)

SOUTH SENIOR BOWL SELECTION CAMP

April 18-20, **McMahon Stadium** in Calgary
(alphabetically by position with H.S. in parentheses)

Quarterbacks

Bryce Brandford (Highwood, High River)
Brett Serhyenko (Cochrane)

Runningbacks

Mark Muller (Notre Dame, Calgary)
Ryan Neilson (Highwood, High River)
Kelby St. Vil (Lord Beaverbrook, Calgary)
Emilio Violetto (St. Francis, Calgary)

Receivers

Cody Lind (Henry Wise Wood, Calgary)
Derek Lord (Strathmore)
Douglas Long (Bowness, Calgary)
Taylor Nill (St. Francis, Calgary)
Cody Price (John G. Diefenbaker, Calgary)
Tom Shaw (Springbank)
Jesse Zimmer (L.C.I., Lethbridge)

Offensive Line

Dan Beston (Centennial, Calgary)
Michael Durnie (Bishop Carroll, Calgary)
Brad Erdos (Catholic Central, Lethbridge)
Kirby Fabien (Bishop McNally, Calgary)
Justin Henderson (John G. Diefenbaker, Calgary)
Joe Steinberg (John G. Diefenbaker, Calgary)
Jonathan Wahl (St. Francis, Calgary)

Defensive Line

Andrew Druisso (Notre Dame, Calgary)
Ryan Keating (Crescent Heights, Medicine Hat)
Matthew Meyer (St. Francis, Calgary)
Brooke Mrakava (Brooks)
Travis Payne (L.C.I., Lethbridge)
Tanner Tolman (L.C.I., Lethbridge)
J.T. Walker (Western Canada, Calgary)

Linebackers

Craig Adamson (Notre Dame, Calgary)
Toby Beierle (Cochrane)
Jordan Colebrook (Henry Wise Wood)
Sam Hurl (Centennial, Calgary)
Stephen McCormack (St. Francis, Calgary)
Devon Oshiro (Notre Dame, Calgary)
Dallin Toth (L.C.I., Lethbridge)

Defensive Backs

Beau Barthel (L.C.I., Lethbridge)
Kyle Grant (Western Canada, Calgary)
Brian Hagen (Bishop O'Byrne, Calgary)
Tom Knitter (Cochrane)
Jarrett Robinson (Foothills, Okotoks)
Rope Smith (Raymond)
Duncan Webster (Western Canada, Calgary)

Kicker

Curtis Glawson (Foothills, Okotoks)

Coaches

Head Coach - David Diluzio (Notre Dame, Calgary)
Assistants - Johannes van Leenen (Henry Wise Wood, Calgary)
Bruce O'Neil (Cochrane)
Jason Rasmussen (Drumheller)
Darren Ward (Crescent Heights, Calgary)
Jonn Baird (McCoy, Medicine Hat)
Bill Baum (L.C.I., Lethbridge)

U17 Team Alberta

The following are the final rosters selected for Alberta second foray into the U17 Division of the Football Canada Cup. As was the case last year we are sending two teams into the event representing both Northern and Southern Alberta. These "North" and "South" rosters were selected in April from the top high school players who will not turn 17 until on or after August 1st of this year. Special commendation goes out to all of those players who attended the "North" camp from April 18-20 who survived -25 wind chills and constant snow flurries. They too are truly the best example of Alberta football.

These teams will now get together in July for their respective runs at the U17 Football Canada Cup. For more information on this event go to http://www.footballcanada.com/tackle_competitions_final.asp Best of luck to both teams.

TEAM ALBERTA U17 "SOUTH"

Quarterbacks

Jake Altilio (St. Mary's, Calgary)
Jeff Vela (Crescent Heights, Calgary)

Runningbacks

Garrett Field (Bowness, Calgary)
Jeff Hassler (Holy Trinity Academy, Okotoks)
Adam Osterling (Central Memorial, Calgary)
Andre Skinner (Bowness, Calgary)

Receivers

Graeme Anderson (Brooks)
Chris Clemence (Cochrane)
Terrance Hartley (Brooks)
Akeem Haynes (Crescent Heights, Calgary)
Braden Heffernan (Springbank)

Offensive Line

Kenton Boote (Henry Wise Wood, Calgary)
Thomas Clark (Bishop McNally, Calgary)
Brennan Levie (Brooks)
Mason Mang (Western Canada, Calgary)
Brennan Stephen (Henry Wise Wood, Calgary)
Curtis Thompson (Highwood, High River)
Matthew Tiberio (St. Mary's, Calgary)

Defensive Line

Mitchell Bec (Chestermere)
Tim Collister (Bishop O'Byrne, Calgary)
Jonathan Grossberndt (St. Francis, Calgary)
A.J. Hill (St. Mary's, Calgary)
Bradey Lee (Foothills, Okotoks)

Linebackers

Coleman Blair (Cochrane)
Steven Dereniwski (Medicine Hat)
Logan Jones (L.C.I., Lethbridge)
Tyler Mantyak (Catholic Central, Lethbridge)
Miguel Miranda (St. Francis, Calgary)
Colton Schneider (Holy Trinity Academy, Okotoks)

Defensive Backs

Matt Anderson (Forest Lawn, Calgary)
Lewis Armstrong (Olds)
Ryan Blanchard (Lord Beaverbrook, Calgary)
Henry Carefoot (Holy Trinity, Okotoks)
Mitch Koch (Notre Dame, Calgary)
Steven McCaffery (Henry Wise Wood, Calgary)
Matt Webster (Western Canada, Calgary)

Coaches

Head Coach - Bill McConkey
Assistants - Mark Dewit
Taylor Altilio
Tim Bryson
Yorgo Nickolakis
Warren Buckler
G.M. - Brock Jacobs

TEAM ALBERTA U17 "NORTH"

Quarterbacks

Kyle Dunlop (Ardrrossan)
Tayler McDonald (Beaumont)

Runningbacks

Justin Gillet (Archbishop Jordan, Sher. Park)
Pat Herren (Leduc)
Anthony Myroon (Bev Facey, Sherwood Park)
Zach Skibin (Jasper Place, Edmonton)

Receivers

Cole Bishop (Bev Facey, Sherwood Park)
Thomas Chan (Harry Ainlay, Edmonton)
Dexter Janke (Austin O'Brien, Edmonton)
Andy Karesa (Jasper Place, Edmonton)
Braedon Kopernick (Leduc)*
Alex Mirtle (Strathcona, Edmonton)

Offensive Line

Nathan Brett (Fort Saskatchewan)
Andrew Carefoot (Bev Facey, Sherwood Park)
Ryan deGans (Archbishop Jordan, Sher. Park)
Kirby Fletcher (Peace River)
Carson Matier (Grande Prairie)
Cody Stegerman (Leduc)
Logan Trachuk (Bev Facey, Sherwood Park)

Defensive Line

Pierre Aubin (Archbishop Jordan, Sher. Park)
Riley Hince (Jasper Place, Edmonton)
Todd Parker (Parkland, Spruce Grove)
Geoff Piper (Bev Facey, Sherwood Park)
Eric Querengesser (Austin O'Brien, Edmonton)
Dylan Wright (Ardrrossan)

Linebackers

Josh Adams (Grande Prairie)
Dane Bishop (Bev Facey, Sherwood Park)
Dallas Brikmanis (Salisbury, Sherwood Park)
Aaron Kuzyk (Archbishop Jordan, Sher. Park)
Braunt Pierce (Fort Saskatchewan)

Defensive Backs

Taylor Brebant (Fort McMurray)
Klayton Franklin (Wetaskiwin)
Kyle Johnston (Bev Facey, Sherwood Park)
Robert Lepine (Leduc)
Jon Mora (Bev Facey, Sherwood Park)
Kael Schryver (Salisbury, Sherwood Park)

* - will also serve as the kicker

Coaches

Head Coach - Jay Hetherington
Assistants - John Belmont
Barclay Spady
Gerald Foster
Scott Smith
Brendan Toner
G.M. - Susan Morgan



Football Alberta
would like to
thank the great
support from the
Edmonton
Eskimos &
Calgary
Stampeders in
purchasing the
Game Jerseys for
the 2008
Senior Bowl
High School
All-Star Game



2007 Coaching Awards

Football Alberta annually recognizes outstanding coaches who have made a commitment to their team(s) and/or the sport of Football in our Province. The winners 2007 Coach of the Year Awards were selected from among many nominees and presented at the University of Calgary Coaches Clinic on March 8, 2008.

Gary Hobson Award—Ken Van Loon

For over 40 years Ken Van Loon has been a major part of the growth and development of football in Alberta. Starting as a player with Ross Sheppard High School and winding up with the U of A Golden Bears where he was a part of the 1967 Vanier Cup Champions, Ken has never left the game serving as a coach, official and administrator since leaving the playing field. In Central Alberta he has done everything to advance the game first serving as the head coach of the Red Deer Packers of the Alberta Junior Football League in the 1970's then moving on to the Central Alberta Officials Association where he served on the board for 17 years. Recently Ken has been the driving force behind the development of Bantam and Pee-Wee football in Central Alberta and has overseen growth to include more than 10 teams at each level. Ken is a wonderful man who has given back in spades since his playing days.

Gary Hobson Award—Laura Mahoney

Starting in 2000 when her oldest son wanted to play football, Laura Mahoney not only drove him from Wetaskiwin to Leduc to play bantam football each day but joined the executive there. Realizing that others in her area wanted football as well, Laura became a founding member of the Wetaskiwin and District Amateur Football Association in 2001 while still honouring her commitment to Leduc Minor Football. Wetaskiwin now features a strong bantam and pee-wee program as well as a refurbished stadium in town with new lights, score clock, dressing rooms, and renovated press box mostly due to her tenacity and work ethic.

As her three sons progressed through the sport so has her involvement serving as the general manager of the Tri-County Freeze Midget team and Wetaskiwin Sabres high school team. Both programs have benefitted greatly from her involvement. It's people like Laura at the grass roots level who truly make this game great, and without her our sport would be missing a lot. Laura is truly a deserving winner.

Gary Hobson Award—Sophie Dowie

On Wednesday, November 14, 2007 one of the hardest working volunteers for amateur football in the Edmonton area passed away. Sophie Dowie had been a fixture with the Edmonton Chargers organization since 1996. Starting as most volunteers do as a parent, Sophie went way beyond the call of duty continuing to serve the Chargers well after her son Matt had graduated on to high school. No job was too small, ranging from doing laundry for three teams, answering the phone, handling registration money, and serving as game day bench volunteer for the Atom team. However her main claim to fame was food. Working through the Chargers she organized meals for all sorts of events including the camps for the U of A Golden Bears, the Edmonton Wildcats, Senior and Bantam Bowls, and the Alberta Summer Games Zone 6 teams. The one thing all of these events had in common was that nobody ever complained about the amount and quality of the food. She knew how to feed a football team.

As volunteers go she has touched so many lives of children and parents alike in a truly positive manner and the Alberta football scene is definitely worse without her. It is our incredible pleasure to respectfully present this award posthumously to Sophie Dowie.



Official Supplier to the
Senior Bowl High
School All-Star Game
Since 1992

For all your Team Sports
needs contact:
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kodiaksp@telus.net

2007 Coaching Awards cont'd.

Gary Hobson Award—Paul Couillard

Notre Dame High School in Red Deer has a solid football program with a great history, good coaches, and committed players. On the surface it looks like a well oiled machine and that in itself is a testament to the contribution of their General Manager - Paul Couillard. Paul's main claim to fame is that he makes sure that all the players have to do is play and all the coaches have to do is coach.

His duties read like a laundry list that would exhaust lesser men; ordering and maintaining the equipment to booking fields, writing the school announcements, dealing with fundraising, team pictures and creating the team program. Most schools would kill for a man like that. Being organized is one thing but his ability to get a lot of involvement in the football program from the general staff at Notre Dame is legendary and it's a true model of a high school football program where everyone in the school feels involved. Paul Couillard is a hard worker and great volunteer.

Harold Ferguson Official of the Year— Alex Motusas

Alex Motusas has been an active official for over 25 years. As well as a quality on-field referee he has been invaluable to the Executive of the Edmonton Officials Association, serving in the capacities of Chairman of Training, Assignment Chairman, Past President and President for two terms during his tenure with the EFOA.

This past year Alex was a very busy man as he not only worked games at the Football Canada Cup in Quebec, but was head referee for the 2007 PFC Semi-Final in Saskatoon and CJFL Canadian Bowl in Winnipeg. He was also lead instructor of the Level 4 National Certification Clinic in August, was the Edmonton Eskimos official timer, and worked 82 amateur football games in the fall.

Add to that list of accomplishments the fact that most coaches will tell you that Alex is a welcome sight at games he is in charge of. His sense of humour combined with a non-confrontational attitude make him a coveted referee at any game at any level. You always know you're in good hands with Alex!

Novice Coach of the Year— Dan Zubkowski

Not everyone has the ability to translate on-field excellence into excellence in the coaching realm, but Dan Zubkowski is the perfect example of someone who could. After a stellar high school career at Bishop Carroll as a defensive back, Dan progressed through the Senior Bowl to play for Team Alberta - winning a National Championship in 1998. From there he spent two seasons with the Calgary Colts then three with the University of Calgary Dinosaurs where he was named Academic All-Canadian all three years.

After graduation, he has started on a career in education and has brought his dedication and knowledge to both the minor and high school levels as a coach. This past year working with both the pee-wee Calgary Bulldogs and high school Notre Dame Pride as an assistant coach he was a part of guiding both teams to their respective Provincial Championships. Dan Zubkowski is praised for his attention to detail and ability to motivate - the sky's the limit!

Atom/PeeWee Coach of the Year—Mel Parcels

Atom football can be a minefield of emotions and time management concerns - with boundless energy and attention spans as long as a gnat, players at that age can be a challenge to say the least. It is the rare coach who can pull off both goals of fun and excellence on field.

Mel Parcels is such a man. Coaching in various capacities with the Edmonton Chargers minor organization, Mel has spent the last few years as the head coach of their Atom team. This past year Mel's team was unstoppable and went all the way to the Capital District Minor Football Association's Championship Game which also doubled as Football Alberta's Provincial Tier I Final. In that game his team defeated the Millwoods Maulers 27-12 to win the Chargers second Atom provincial title all-time.

But it was more than the record that made Mel stand out last year. With 53 players registered he had designed a system of rotation to get everyone meaningful playing time. Only one player left the team during the season, which is quite a trick to anyone who has coached at that level before. It takes a special person to work with kids that age and show them a great time as well as a successful season.



*A successful coach needs a patient wife,
loyal dog, and great quarterback -
and not necessarily in that order.*

- Bud Grant

2007 Coaching Awards cont'd.

Bantam Coach of the Year—Robert Baker

One of the most successful programs in the history of bantam football, made even more amazing but the fact that they come from one of Alberta's smallest centers, is the Raymond Jr. Comets. Many men have contributed to the continued excellence of the program but none more important than Robert Baker. He has spent the last ten years coaching with the Jr. Comets, his first six as an assistant to Bernie Orr and the last four as head coach.

In 2007, Robert's Jr. Comets achieved perfection, blasting through the Southern Alberta Minor Football Association's league and playoffs unbeaten, followed that up with a 44-0 blanking of the Capital District Champion Sherwood Park Wolverines in the Provincial Tier I Semi-Finals and a 43-7 demolition of the Calgary Bantam Champion, Calgary Hilltoppers in the Provincial Tier I Final.

In addition to thi success, Robert is best known for making sure every kid gets playing time and respects the rules of the game. A true championship coach in every way - Robert Baker of the Raymond Jr. Comets.

High School Tier IV Coach of the Year—Jeremy Braitenback

2007 was the season that the Sylvan Lake Lakers finally kicked down the door. From their inception the Lakers have been a consistent participant in the Tier IV provincials. Having gone to the Northern Tier IV final and losing for three straight seasons from 2004 -06, the Lakers finally blasted through in 2007 with a 28-0 shutout of Sexsmith in the North Final then added a 35-14 victory over Drumheller in the Provincial Tier IV Final for good measure to win their first Provincial Title.

For this and his many years of developing Sylvan Lake into a flagship program in our province - Lakers head coach Jeremy Braitenback is recognized as Tier IV Coach of the Year.

High School Tier III Coach of the Year- Norbert Baharally

After a long illustrious career in coaching , Stettler Wildcat Head Coach Norbert Baharally has been rewarded with a Provincial Tier III Finalist team in 2007. In 20 years of coaching for the Wildcats, Nobert has been a part of teams that have advanced to Provincial Playoffs in 1989, 1992, 1993, 1995, 1997, and 2004 but it was last year teams that finally burst the bubble and advanced to the Provincial Tier III final against Cochrane. Despite losing that game, the resurgence of the Stettler program is great to see. Norbert was also instrumental in restarting the bantam program in Stettler so his commitment to the game is really paying off. A great man and a great coach - Norbert Baharally.

Laurie Robertson High School Tier II Coach of the Year—David Diluzio

A perfect season for Calgary's Notre Dame Pride is the reason their head coach, David Diluzio, is here today. Having started the program in 2005 and been the only head coach the program has ever known, David's hard work paid off in spades in 2007 as the Pride went undefeated through Calgary's Division II league and playoffs then won a nailbiter vs. the St. Mary's Saints in the Calgary Tier II Qualifier Game 15-9 in triple overtime.

From there they advanced to the Provincial Tier II Playoffs beating the defending champion Foothills Falcons and #1 ranked Leduc Tigers on consecutive weekends to win their first ever Provincial Tier II Title. For all he and his staff have done to make the Pride so good, so quickly - David Diluzio from Notre Dame High School in Calgary.

Frank Morris High School Tier I Coach of the Year— Darren Dudar

Though St. Francis High School in Calgary is no stranger to winning Calgary City Championships or Provincial Titles the way 2007 played out will be a memorable year for the Browns and their head coach Darren Dudar indeed. After running away with the Calgary Division I league, the Browns completed the perfect season capping it off with their fourth Provincial Tier I Championship this past November.

However it was the way they won the Tier I Title that makes this year stand out as they won a thriller in the South Final over the #1 ranked Raymond Comets 31-28 in a game that featured two lead changes late in the fourth quarter. They then gutted it out vs. the Northern Alberta Champion Bev Facey Falcons in the Provincial Tier I final in a game that was tied for vitually all the game save for the last three minutes when the Browns pulled ahead and hung on for a 24-17 victory. These types of victories don't come easy and need a strong, knowledgeable leader with great character—head coach of Calgary's St. Francis Browns - Darren Dudar.

Norm Kimball Coach of the Year—Tim Enger

Tim Enger has been the head coach of Alberta's U19 Provincial Team for ten of the thirteen years Alberta has entered a team into the Football Canada Cup. Over that time he has won an amazing 6 gold, 2 silver and 2 bronze medals. After taking 2004-2006 off he returned this year as head coach and blasted through the competition defeating Manitoba 55-12 and Saskatchewan 40-7 before defeating Ontario 24-7 in the Gold Medal game giving Alberta it's first National Championship since 2001.

By winning this years Norm Kimball Award, Tim joins his father Arnold as the only father-son combination to win this prestigious award as his dad won it in 1969 as the head coach of the Jasper Place Rebels. Proud to represent Alberta each year we are equally proud to have Tim Enger as the 2007 Norm Kimball Coach of the Year.

2007 Coaching Awards cont'd.

Life Membership Award—John Siddle

Intelligent & keen quarterback/defensiveback John Siddle started his playing career with the Calgary Mount Pleasant Blue Bombers in 1959 - 1961. He played High School football for St. Francis 's inaugural year in 1962 thru to 1964. John played QB/DB for the Calgary Colts Jr. Football Club 1965-1968.

Moving into the coaching ranks John was an assistant coach with the Bantam Parkdale Centennials 1969 - 1971. They were City and Provincial Champions in 1970. John started a new team with the Bantam Huntington Hills team 1972 to 1973 as a Head Coach. John was Head Coach for the Jr. Football team at St. Mary's High School in Calgary 1973-74 capturing the City Championship for Div. II in 1973. He then moved on to coach the Senior team at St. Mary's from 1975 - 76 and again was successful in attaining the Div II City Championship in 1975. John also coached Jr. Football with the Calgary Colts from 1974 to 1981, 3 years as an assistant coach 74 to 76 and then was Head Coach from 1977 to 1981.

John began his illustrious career with Football Alberta in 1985 as the District Rep for Calgary from 1985 to 1986. He then moved to Taber in 1987 and continued his District Rep duties for Southern Alberta from 1987 to 1988. John became V.P. Programs in 1989 - 90 then served as a VP of Finance (Treasurer) from 1991 - 1994. John became PRESIDENT of Football Alberta in 1995 and served in that capacity until 2000. He was Past President from 2000 to 2005. John also served with Football Canada as VP of Programs 2001-02 and then from 2003 - 06 as VP of Finance.

John Siddle is much more than these few words can express. He is an educator, mentor, friend, husband, father, grandfather, son and brother. He is a tremendous leader in football and in life. He is very deserving of this prestigious award from the football community. John is currently enjoying his retirement after 34 years of teaching with his wife Debbie in Taber, Alberta.

Alberta Summer Games 2008

Tackle Football will once again be a big part of the Alberta Summer Games being held this year in Medicine Hat from August 7-10. As of this writing the eight Zones are organizing and selecting their teams for the bi-annual competition, selecting the top bantam players from last season to represent their region of the province. The Zones are broken up accordingly:

- Zone 1 - Sunny South (South & Rangeland area) Zone 5 - Black Gold (Suburban Edmonton)
 Zone 2 - Big Country (Big Sky & Rockyview area) Zone 6 - Edmonton
 Zone 3 - Calgary Zone 7 - Northeast (Wheatland area)
 Zone 4 - Parkland (Central Alberta area) Zone 8 - Peace County (Mighty Peace area)

Event passes are available on-site in Medicine Hat and Football Alberta extends a special thanks to Russ Boris, the Host Community Sport Chair, and Quinn Skelton and Mike Baker from the Medicine Hat Tackle Football Association for all of their hard work in preparation for the Games.

Here is the schedule (all games located at the Methanex Bowl)

Friday, August 8th (Preliminary Games)

<u>Game</u>	<u>Time</u>	<u>Game</u>	<u>Time</u>
Zone 3 vs. Zone 4	9:00 a.m.	Zone 1 vs. Zone 4	2:00 p.m.
Zone 5 vs. Zone 7	10:15 a.m.	Zone 5 vs. Zone 8	3:15 p.m.
Zone 6 vs. Zone 8	11:30 a.m.	Zone 6 vs. Zone 7	4:30 p.m.
Zone 2 vs. Zone 3	12:45 a.m.	Zone 1 vs. Zone 2	5:45 p.m.

Saturday, August 9th (Preliminary & Cross Over Games)

<u>Game</u>	<u>Time</u>	<u>Game</u>	<u>Time</u>
Zone 7 vs. Zone 8	8:00 a.m.	Zone 5 vs. Zone 6	10:30 a.m.
Zone 2 vs. Zone 4	9:15 a.m.	Zone 1 vs. Zone 3	11:45 a.m.

7th & 8th Place and Bronze Medal Games

4th Place North vs. 4th Place South - 2:00 p.m. (7th + 8th Place Game)
 2nd Place North vs. 2nd Place South - 4:30 p.m. (Bronze Medal Game)

Sunday, August 10th (Cross-Over Games)

5th & 6th Place and Gold Medal Games

3rd Place North vs. 3rd Place South - 8:00 a.m. (5th + 6th Place Game)



Alberta Summer Games 2008

August 7-10 Medicine Hat

www.2008albertasummertimegames.com

What I Learned At Notre Dame...by Tim Enger

Every once and a while you need a little pilgrimage. If you're Muslim, Mecca's the place. Christian or Jewish? Perhaps a trip to Jerusalem. For secular passions a trip to New Orleans or St. Louis is the thing for jazz enthusiasts. Paris is great for artists and archeology buffs could spend weeks at the pyramids. In short, everyone has a special place in this world which serves as the nexus for their interests. So where does a football coach go?

Taking football in its entirety, which includes both sides of the border, there are many places that hold special meaning for football coaches and fans alike. As a kid I used to think that Clarke Stadium in Edmonton was a magical place. Others have talked about Taylor Field in Regina or the mystique that Molson Stadium gave back to the Alouettes when they moved back in during the 1990's. South of the border I've seen the L.A. Coliseum, Rose Bowl and Texas Stadium. Some talk of Lambeau Field in Green Bay as a modern day holy land for football enthusiasts, but really - if you want to talk about the gold standard for a football pilgrimage it begins and ends with a visit to the University of Notre Dame.

South Bend, Indiana isn't much to write home about. It looks and feels pretty much like any other town it's size, with one exception. At its north end is a place so hallowed, so steeped in tradition, and frankly so well endowed by boosters and donors that it almost defies description. The University of Notre Dame is a private Catholic University which has made their famous football team their calling card to the rest of the world. Students from all over the United States vie to get in each year and their football team annually has their pick of the top recruits in the nation. It truly is a special place and is kept that way by all who work there.

The purpose of this essay isn't to regale you with how neat my trip was. I could go on and on about how the football tradition pretty much leaks out of everything you see. And the tour of the locker room and stadium was nirvana. Walking out of that tunnel at the north end you felt you were right beside Gus Dorais, Johnny Lujack, Paul Hornung, the Gipper, Tim Brown, Brady Quinn, and yes...Rudy. Awesome!

But I digress... The purpose of this

dissertation is to tell you what I learned at the coaches clinic and hope that you can find things as useful as I did.

1) Keep Your Traditions - Ok, not everyone has the storied past of Notre Dame, but everyone has a past and it's a wonder we don't share it more. Part of the problem with Canadian institutions when it comes to sport is a definite lack of connection with the past. Who do you think is donating all that money to Notre Dame? Not the current students that's for sure, but their Alumni. People love to be reminded of the good times in the past and even though I'm pretty sure there won't be a run on donations for your school or team if you switch back to the jerseys the team wore in the 1970's it has a coolness



factor that can't be duplicated in any other aspect of the school or team you are involved with. The players who attend and play for St. Francis High School in Calgary know that they will be wearing the same look as the teams from decades before and that only those teams that won a city championship get the honour of ordering team jackets. That's cool! Jasper Place H.S. has a display case that has articles from football team championships in the 1960's and 1990's and pictures of every player who has ever made the Senior Bowl. That's cool! The Sherwood Park Rams bantam team features the same uniform look and cheers as teams dating back to the team inception. That's cool! This allows them to have a connection to the past and all the players, coaches and fans who have come before. Is it any surprise that they can run a golf tournament and silent auction that raises thousands each year?

You don't have to be a winning team to do that as well. The Fighting Irish at Notre Dame that went 3-8 last year wore

the same look as the teams Knute Rockne coached in the 1920's. Things will turn around on-field for sure, as they always do in South Bend, but one thing they will always do is respect the past and keep it fresh.

2) If You're Going to a Clinic, Try to Learn Only a Few Things Well - A big clinic like this can be overwhelming if you let it. There are lots of seminars and frankly some of the stuff they discuss can be over your head if it applies to a level that you do not coach. The instructors at the Notre Dame Clinic (90% of them being current assistant coaches as well as Charlie Weis himself) did a great job in keeping it simple in most of their sessions, but sometimes they used terminology without explanation and they might as well have

been speaking Greek. That's OK, each session I attended set off a light bulb over my head about something I could tweak in my system or a new drill that might help my players. The rest was just window dressing that might have confused the message if I tried to take it all in.

3) If You're Presenting at a Clinic, Keep it Simple - You may be asked one year to present at the University of Calgary or another clinic. I've fallen into the trap when asked to present before that you can't wait to spread your entire system out for everyone to see

to prove how smart you are. What you wind up with is an overload session where you are crunched for time and don't get to finish the whole thing. Plus, there might be no time for Q & A which is probably the most valuable thing during these sessions. The best presentation I attended was by the Head Coach at Grand Valley State who spent his entire session on one pass play that they run as their "go to play". It was just a simple out and up by the slot or tight end with a skinny post by the wide receiver, but the detail he was able to get into about how you attack all sorts of defenses was invaluable to the point where you believed him when he called it the "undefendable pass". If he'd had to go over his team's entire passing scheme in the time allotted, all we would have seen is him flipping overheads at us to get through as quickly as possible with little to no detail. Don't be afraid of keeping it short and simple - any remaining time can be used for questions which really helps those **trying to learn what you are instructing**.

What I Learned At Notre Dame cont'd.

4) The University of Calgary/Football Alberta Clinic is a Top Level Clinic - I

know there is more splash and dash in attending a clinic in Las Vegas or the prospect of going to one at a major U.S. University like Notre Dame, but really, after having been to one, they didn't do anything more magical than the good 'ol clinic we run right here in our province. DVD's of the proceedings are available, clinic notes, a free banquet meal, a coaches social - it's all there at the U of C. Sure they can't match the locker room and stadium tour (nothing could match that), but everything else is done just as professionally and in some cases (i.e. the banquet) better than what I experienced at Notre Dame. The point here is that if your school or team has x amount of money to spend on coaches clinics you can get the best bang for your buck right here at home. This doesn't mean that you can't go south of the border from time to time, but don't think the grass is that much greener or the knowledge to be learned is that much greater down there. Plus, you have to take a huge grain of salt with you sometimes due to the differences between Canadian and American football. Just keep learning wherever you can but know that you always have the best deal going each March in Calgary.

5) We're All in This Together - One of the most poignant moments I can remember was after having spent a session where the Notre Dame coaches came out and did chalk talks on a position by position basis. One of my travelling companions asked me who did my session on quarterbacks. "Him," I pointed at a picture on the wall of the hotel where we were staying that had copies of all the *Sports Illustrated* covers Notre Dame players had ever been on. It was an issue from the mid-1990's and the player on the cover was the Irish's all time leading passer Ron Pawlus, now their quarterback coach.

It seems amazing to me now that I was sitting in a chalk talk session with freakin' Ron Pawlus who played at freakin' Notre Dame and was on the cover of freakin' *Sports Illustrated*, and he was chatting it up with me - Ned Nobody - like we were buddies. How cool was that! In fact he treated everybody with the same 'whatever I can do to help you' attitude that all the Notre Dame coaches displayed. They can think whatever they want about us privately but while representing the Golden Dome they are professional, courteous, humble and willing to admit that they don't know everything; they are always learning - just like us.

Now the American game is always a little different in that recruiting is big business, so these coaches are smart enough to never burn any bridges through arrogance. You never know which high school program is going to produce the next great Irish Heisman hopeful and they want his coach to be a "friend of the program" for sure. However, they were **Notre Dame** - and if anyone had a right to give us the "Are you talking to me?" snub it was them.

The point here is that over the years of my employment at Football Alberta I have been "dissed" more than a few times by coaches at all levels. Unfortunately, I'm sad to admit that from time to time I've done some "dissing" myself when other coaches have come looking for help. No more! If Ron Pawlus and Charlie Weis can treat me and my cronies like human beings and do what they can to help us - who the hell am I to not extend the same courtesy to others? Football is a relevant sport in Canada but you could find yourself on an island of isolation real quick if you give people unwarranted attitude simply due to the position you've attained. I may be the Technical Director at Football Alberta but the position didn't automatically come with all the knowledge about all that is right in football. I'll always be learning and trying to build a better mousetrap and if you're honest with yourself you'll have to admit that you will be too.

I'm the last person on the planet that wants to shill out some kumbaya touch-feely stuff, but frankly life is so much better when we all work together. Football is a great sport and can do so much more for young athletes than any sport I have experienced. The only message I hope you take from this is that if you do become an accomplished coach remember where you came from and take an interest in helping out anyone you can. It will pay off greatly and make you, and our sport, better in the end. The coaches at Notre Dame know this - and now you do as well.

In closing, a trip of this nature has many pluses. Aside from the education you can receive there is the coolness factor of seeing a hallowed place such as this and the bonding between coaches on your staff is immeasurable. I would love to return. Not next year and perhaps not for a while. It's a special place and I wouldn't want to ruin it by becoming a 'regular'. There are other things to learn and other places to learn things but I will never forget my time in South Bend - Go Irish!

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