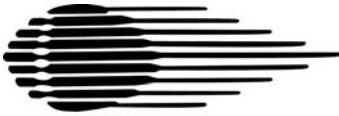


# WIDESIDE

*The Official Newsletter of Football Alberta*



FOOTBALL ALBERTA

Fall Edition, 82nd Issue

Fall 2011

## Football Canada Cup 2011 - Lethbridge, Alberta



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Football Alberta hosted the Football Canada Cup from July 9-15 this summer in Lethbridge for Provincial Teams from across Canada at the U18 level. At this time we would like to pay special tribute to Mr. Mal Clewes, Host Chairperson, and his incredible group of volunteers who made this event the best ever in FCC history. As well, Erin Crane and Deb Marek from the University of Lethbridge went above and beyond to assist this event and our thanks and gratitude is extended to them.

Team Alberta featured a much improved performance which saw them go from the eighth seeded team all the way to the Gold Medal game where they put up a game effort before falling to the eventual Champions from Quebec. Here is a rundown of their games:

### Quarterfinals, July 9 - Alberta vs. Saskatchewan **Score: Alberta 52 Saskatchewan 19**

Alberta blasted out of the gates of the 2011 Football Canada Cup in Lethbridge in the quarterfinals scoring on their first two drives to set the tone in what would be a total domination of the two time defending National Champions from Saskatchewan. Kicker Stephen Fabian from Brooks started things off with a 32 yard FG which was followed on the next series by a Bryson Wishloff-Dobush out of Bev Facey H.S. in Sherwood Park 2 yard TD run after a Saskatchewan fumble of the kickoff. Two series later Fabian added his second 32 yard FG of the day. Saskatchewan got on the board early in the second after a long pass set up a Drake Drum TD reception to make it 13-7 Alberta. From there it was all Alberta with a Matt Bonaca from Salisbury in Sherwood Park 5 yard TD pass to Ryder Stone from Holy Trinity Academy in Okotoks. Fabian added a 39 yard FG with less than a minute left in the second quarter then Alberta blocked the ensuing Saskatchewan punt and Bonaca took a QB sneak into the endzone to end the half.

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Things started off more of the same in the second half after Nathan Mitchell from Paul Kane H.S. in St. Albert intercepted a pass on the Saskatchewan 20 which lead to another one yard QB TD plunge from Bonaca. Saskatchewan answered on the first play of the fourth quarter on a 16 yard Jared Andreychuck run then added a 25 yard TD pass to Alex Thompson three minutes later (convert failed) to make it 38-19. But that was a far as the comeback went as on the next series Cochrane's Kellen Forest rushed 48 yards for a TD at 9:06 which was followed up by TD pass from Foothills in Okotoks Taylor Armsworthy to Ardrossans Colton Balicki TD after Saskatchewan fumbled the ensuing kickoff with 7:21 left in the game to close out the scoring.

Alberta's next game will be against Ontario West on Tuesday, July 12 in the National Semi-Final at 4:00 p.m. at the University of Lethbridge Community Stadium. The other Semi-Final will take place at 7:00 p.m. that day between Quebec and British Columbia.

#### Scores of the day

Game #1: Ontario West 33 Nova Scotia 0

Game #2 British Columbia 18 Manitoba 0

Game #3 Quebec 42 Ontario East 13

Game #4 Alberta 52 Saskatchewan 19

### Semi-finals, July 12 - Alberta vs. Ontario West - 4:00 p.m.

#### Score: Alberta 25 Ontario West 8

Alberta woke up from a slow first half to pull away from Ontario West late in the Football Canada Cup Semi-Final in Lethbridge to win 25-8 and advance to their first National Final game since 2009. Despite dominating early Alberta could only muster 4 points in the first quarter on a single and a field goal from Stephen Fabian out of Brooks H.S. From there Alberta seemed to stall and Ontario West put a drive late in the half which ended on a 7 yard TD pass from James Roberts to Jake Frimith. They followed that up with a missed FG for a single on the last play of the half to lead 8-4 over Alberta at the half.

The second half started out more of the same with neither team generating much offense until a big hit late in the third knocked Alberta starting quarterback, Salisbury's Matt Bonaca from Sherwood Park, out of the game briefly. That seems to light a fire under the Alberta QB as he came back onto the field to lead his team to three consecutive TD drives hitting Ryder Stone out of Holy Trinity Academy in Okotoks for a 7 yard TD pass with 1:05 left in the 3rd quarter, Mackenzie Meek out of Henry Wise Wood in Calgary at 9:20 of the 4th quarter on a 30 yard strike and finishing up with a 5 yard TD pass to Adam Zajdel out of Henry Wise Wood at 6:05 of the 4th to put the game away.

Alberta will now play either Quebec in the National Championship Game on Friday, July 15 at 7:00 p.m. at the University of Lethbridge Community Stadium. Alberta has a 1-1 record against Quebec in National Championship Games in the Football Canada Cup having won 10-6 in Montreal in 1995 and lost 34-11 in 2008.

#### Scores of the day

Game #1: Saskatchewan 24 Nova Scotia 21 (Consolation Semi-Final)

Game #2: Manitoba 14 Ontario East 13 (Consolation Semi-Final)

Game #3: Alberta 25 Ontario West 8 (Championship Semi-Final)

Game #4: Quebec 31 British Columbia 15 (Championship Semi-Final)

### Finals, July 15 - Alberta vs. Quebec - 7:00 p.m.

#### Score: Quebec 28 Alberta 2

Despite a valiant effort, Alberta wasn't able to hold off a furious Quebec attack and finished up the 2011 Football Canada Cup with the silver medal Friday night in Lethbridge. Alberta started the game off with a single point on a towering kickoff through the end-zone from Stephen Fabian with Lethbridges famous wind behind him, however Quebec's first drive of the game seemed unstoppable but stalled on the one yard line after Alberta stiffened at that point. QB Matt Bonaca then lead his troup down the field for another single point off a Fabian missed field goal. From there Quebec seemed to carry the play but only scored once in the first half on an Alexander Huard 71 yard run. Time and time again Alberta's defense kept Quebec from cashing in and the halftime score stood at 7-2 for Quebec.

Sadly for Alberta from there, despite a few good drives, Quebec was too much for them and added three more touchdowns in the second half from Huard on a 7 yard TD catch from Hugo Richard, and Dev Lamour on two TD passed from Richard on consecutive drives for 84 and 92 yards respectively.

Still a much improved performance from the home team who finished last in the 2010 Football Canada Cup. The following players were named from Alberta to the Tournament All-Star Team

Rees Paterson - DB (Archbishop Jordan)

Troy Weissback - DL (Bev Facey)

Brayden Twarynski - DL (Bishop O'Byrne)

Mackenzie Meek - KR (Henry Wise Wood)

Kellen Forest - RB (Cochrane)

Sawyer Barth - OL (Bev Facey)

Stephen Fabian - K/P (Brooks)\*

\* - also named Tournament MVP for Special Teams

#### Scores of the day

Game #1: Ontario East 20 Nova Scotia 0 (7th & 8th Place Game)

Game #2: Saskatchewan 15 Manitoba 7.(5th & 6th Place Game)

Game #3: British Columbia 14 Ontario West 1 (Bronze Medal Game)

Game #4: Quebec 28 Alberta 2 (National Championship)



## Football Alberta Membership & Insurance

### MEMBERSHIP INFORMATION

(All information is on the website at <http://footballalberta.ab.ca/web/membership/>)

Football AB membership and insurance is valid January 1, 2011 to December 31, 2011. All minor teams must take out insurance.

**Payment is past due, along with team rosters, as of your first practice.** CDMFA and Edmonton Flag register with their own league online registration system. Please call the office to help clarify any issues and/or concerns you have about the system.

#### Online Registration

Once again, teams and/or leagues should use their username and password to register their team. If your team or league registrar changes, please provide notify us of the new contact person, including their email address.

#### Insurance Plans

##### Plan #1 (2011 Team Membership + Player & Team Personnel Accident & Liability Insurance)

Minor (Atom, Pee Wee, Bantam)	Team fee of \$157.50 (incl. GST) + \$20.00 per person
High School	Team fee of \$183.75 (incl. GST) + \$20.00 per person
Midget/Junior/University	Team fee of \$131.25 (incl. GST) + \$20.00 per person
Senior Men/Female	\$20.00 per person
Flag/Touch	\$7.00 per person

\$3 Million Liability and Accident insurance

#### Useful Tool:

Enter your players and team personnel into the database. Download the database into a .csv file.

Open Microsoft Excel and save the document as an Excel (.xls) file. Use this as your roster, to easily make mailing labels, an email contact list, etc.

##### Plan #2 (Team Membership Only, No Insurance)

Rates: High School, 6 & 9 Man, Midget, Female, Junior & University teams: \$183.75 (incl. GST)

This plan is for teams that have adequate insurance.

Insurance is valid for the 2011 calendar year.

Any player who has been on the field, or in the gym with you even once should remain in the database.

If a player is deleted, there will be no record of them on file. An insurance claim could be denied.

## U16 and U18 National Flag Competition

The Flag Football National Championships 2011 (FFNC) for U16 and U18 age/gender divisions was hosted by Football Nova Scotia in Halifax at Dalhousie University from July 22nd - 26th. Game days were July 23, 24, and 25<sup>th</sup>. The National Flag Football system consists of four divisions; NFL U16 Male, NFL U16 Female, U18 Female and U18 Male. Players actively participating in sanctioned PSO leagues in any of the above age categories have the chance to be crowned the top team within their province and represent their PSO at the 2011 FFNC. League play begins in May and extends into July with registration typically occurring from February to April.

Team Alberta (U16 M) from Calgary came in 2nd at the National 5 on 5 Championship. The team did a great job representing Alberta both on and off the field. Keegan Linwood led the defense with 4 interceptions and Spencer Mahura was the defensive player for the tournament. All of the players put forth exceptional effort in the tournament. They were coached by Don Wilson and Russ McInnes. In their round robin games team AB was 3 - 0, winning against Quebec(20-12), Ontario(32-14) and Nova Scotia(39-6). In the playoffs (semi-finals) they played and won against P.E.I.(32-0) and Manitoba(22-19). The Championship Finals was against B.C. and B.C. came out ahead (48-12).

Congratulations to Team Alberta for an outstanding effort and result!

**U16 F** - QC, PE, MB; **U16 M** - BC, AB, MB; **U18 F** - QC, ON; **U18 M** - NS, QC, MB

For more details and the full results, see Football Canada's website... <http://www.footballcanada.com/>



## Edmonton Eskimos - Salute To Minor Football

This year the Edmonton Eskimo Football Club, in conjunction with Football Alberta, invited Minor teams to attend the September 23rd game versus the Montreal Alouettes. It was a beautiful evening to take in a game, and in all we had 26 teams take part! This year's teams were:

From Capital District Minor Football Association...  
 Barrhead Raptors  
 Edmonton Chargers (Atom and Bantam)  
 Edmonton Seahawks (Atom, Bantam and PeeWee)  
 Edmonton Mustangs  
 Leduc District (4 teams)

Beaumont Bandits and O'Leary's Jr and Sr teams from Edmonton Metro  
 Broncos, Sirens and Nasty Boyz from Edmonton Touch Football League  
 Camrose Trojans from Central High School league  
 Edmonton Storm Female Tackle team from Western Women's CFL  
 Hinton Wolfpack from the 6 man league  
 McNally High School from Edmonton Public  
 Millwoods Grizzlies (3 teams) from Millwoods Minor Football  
 Stettler Panthers from Central PW league  
 West Central High School Rocky Rebels from Central Alberta

As well, at half-time the Edmonton Mustangs' Atom team scrimmaged versus the Sherwood Park Warriors as a special event and part of 'Salute to Minor Football'.

Salute to Minor Football is an annual event, so if your team is interested, please watch for information next fall on how to get tickets.

### 2011 Football AB Scholarships

Football AB offers 5 scholarships to graduating grade 12 players who are registered at an Alberta post-secondary institution and participating with a post-secondary football team.

Again, the review committee received many qualified applicants in 2011. Congratulations go out to:

#### **NORTH**

Braden Schram - Paul Rowe High, Manning

#### **EDMONTON**

Tanner Doll - St. Albert Catholic High School

#### **CENTRAL**

Tylor Henry - Camrose Comp. High School

#### **CALGARY**

Denzel Morrison - Bishop O'Byrne, Calgary

#### **SOUTH**

Anthony Anderson - Medicine Hat High School

#### **ADDITIONAL SCHOLARSHIP**

**Football Alberta/Calgary Stampeders**

Daniel Lamola - Notre Dame, Calgary

The award winners will each receive \$1800.00 (\$900.00 per semester in 2010/11) based on the criterion established for the fund.

If you or someone you know should be considered for a 2012 scholarship, find more information on the Football AB website at <http://footballalberta.ab.ca/web/grants/scholarships.php>.

### Adult Football in Alberta

#### Touch

#### **Edmonton City Playoffs - September 17th and 18th**

Division Winners:

Men's

Div #1 - Frost

Div #2 - Hummers

Div #3 - Eagles

Div #4 - Hawks

Women's

Div #1 - Rage

Div #2 - Sirens

#### **Calgary City Playoffs - September 7th - 21st**

Division Winners:

Men's

A - Turtles

B - Los Hombres

C - Niners

D - Seminoles

Women's

A - Gators

B - Orange Crush

#### **Provincial Playoffs - September 24th & 25th**

- Red Deer won Men's Intermediate
- Calgary Thunder won Women's open
- No Men's Elite played this year

#### Flag

Calgary Flag Playoffs - October 2-3, 9-11

#### Senior Men's

The Grande Prairie Drillers finished on top in the regular season with a record of 7-0. The Buccaneers and the Vandals won the Alberta Football League (AFL) Quarterfinal playoffs. The AFL Semi-finals results were: Central Buccaneers 18 @ Grande Prairie Drillers 40  
 Lloydminster Vandals 26 @ Calgary Wolfpack 34

#### **AFL League Championship:**

Calgary Wolfpack 38 @ Grande Prairie Drillers 14

#### **2011 CMFL Senior National Championship:**

Calgary Wolfpack 14 @ Tri-City Outlaws 31

#### Women's Tackle

See [www.WWCFL.com](http://www.WWCFL.com) for details. Played in the Spring, Women's Tackle is growing in Alberta. For more information on the Edmonton Storm team, contact Terry Yankhe at [tyahnke@ualberta.ca](mailto:tyahnke@ualberta.ca). In Calgary, the team is the Calgary Rage--contact Kim Bronius at [kim.bronius@CalgaryRageFootball.com](mailto:kim.bronius@CalgaryRageFootball.com). And Lethbridge also has a team. The president of the Lethbridge Steel team is Kirsten Nakatani, [lwtfootball@gmail.com](mailto:lwtfootball@gmail.com)

## Team Alberta Hawaii



Once again Football Alberta was proud to host a summer football development camp for high school players known as Team Alberta Hawaii from August 6-16. This event features 14 on-field instruction sessions from current or former Team Alberta coaches, tourist events and a combined practice with our host school, King Kamehameha in Pukalani, Maui, finishing up with a controlled scrimmage on August 15<sup>th</sup>.

A lot of work goes into the coaching as well as hosting and feeding of the players and special thanks goes out to all of the staff that provided an excellent and safe environment for the players to

become better football players in paradise. As well our hosts from King Kamehameha were gracious and professional and we'd like to thank head coach Kevin O'Brien and his staff for their continued excellence in that area.

The scrimmage was a well played affair that saw King Kamehameha avenge their defeat the year before beating Team Alberta Hawaii 21-7. Adam Zajdel out of Henry Wise Wood scored the lone Alberta TD on a 45 yard pass from Harry Ainlay's Kevin Ismail. Plans for next year have yet to be finalized and as al-



ways it depends on interest from current players in the province but if you have a player who you think might benefit from this experience please have them drop us an email at the Football Alberta office to request further information for August 2012.



## Senior Bowl and Bantam Bowl Report

This past May long weekend the annual Senior Bowl High School All-Star Game was held in Calgary's McMahon Stadium while the Bantam Bowl for graduating Grade 9's was held at Foote Field in Edmonton. Here is a recap of the games...

### Senior Bowl - South 34 North 6

The North opened the scoring early in the first with 42 and a 37 yard FG's from Camrose's Jonathan Heidebrecht. The South responded prior to the end of the first with a 17 yard TD run by Cameron Mundle from E.P. Scarlett. Raymond's Jimmy Ralph added a 6 yard TD reception from Highwood's Mark Black at 7:53 of the second quarter. Marshall Broom from Notre Dame added a 39 yard FG to end the half with the South up 17-6.

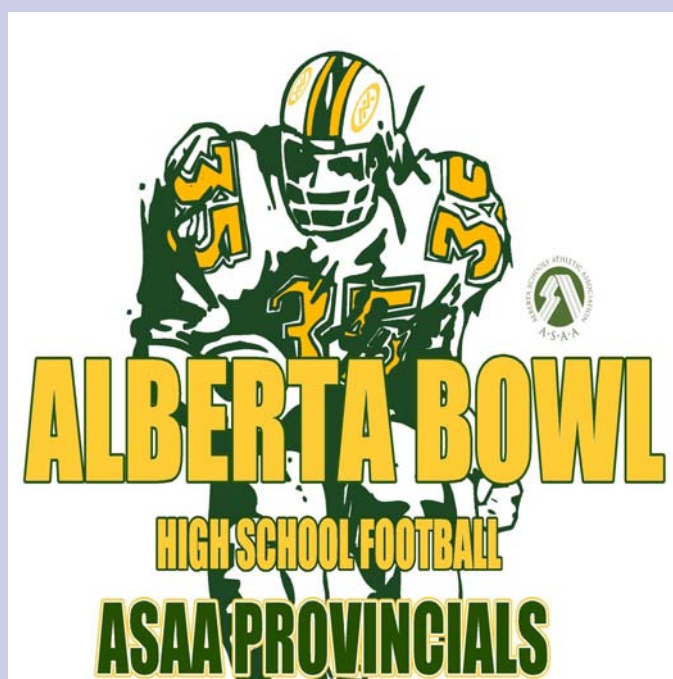
Jeff Schidowski from Western Canada opened the scoring five minutes into the second half with a 8 yard TD run to open up a 24-6 lead. Jimmy Ralph and Mark Black hooked up again three minutes later for an 8 yard TD to make it 31-6. In the 4th, Marshal Broom added his second FG of the day from 38 yards to make it 34-6 to round out the scoring. For their efforts Jimmy Ralph for the South with 136 yards rushing and 34 yards receiving and two touchdowns and Jonathan Heidebrecht for the North with two FG's and a stellar day punting the ball away from Jimmy Ralph were named MVP's for their respective teams. Spencer Maisonneave from Salisbury and Daniel Lamola from Notre Dame were named Most Outstanding Lineman for the North and South respectively. You can find a copy of the statistics from the game at <http://footballalberta.ab.ca/web/programs/senior.php>.

### Bantam Bowl - South 28 North 14

Rounding out a Southern Alberta sweep of the weekend the South Bantam Bowl All-Stars lead by MVP quarterback Ben Kopcynski from the Calgary Wildcats, who struck for 3 TD passes defeated the Northern All-Stars 28-14. Runningback Quinn Polley from the Spruce Grove Cougars on the strength of a 80 yard kick return TD was the MVP for the North.

## 2011 High School Provincial Playoffs

The ASAA and Football Alberta will be hosting the 4th Alberta Bowl, where all four Tier finals will be played at the same venue. The finals will take place on November 25th and 26th at the University of Lethbridge Community Stadium. Please watch the ASAA website ([www.asaa.ca](http://www.asaa.ca)) for more details.



Quarterfinal Games: November 12th  
 Semi Final Games: November 19th  
 Final Games: November 25th  
                   - Tier IV  
                   November 27th  
                   - Tiers I, II, III

Defined regions in the province are :

Region 1 - South & Rangeland  
 Region 2 - Big Sky, Rocky View & Big Rock  
 Region 3 - Calgary  
 Region 4 - Central  
 Region 5 - Edmonton Metro  
 Region 6 - Edmonton Public  
 Region 7 - Wheatland & Fort McMurray  
 Region 8 - Mighty Peace

### BANTAM

#### Semi-Finals - Saturday, Nov. 12

##### Tier I

Calgary "A2" at Southern Alberta "A"  
Capital District "A" at Calgary "A1"

##### Tier II

Capital District "B" at Central Alberta "A"  
Calgary "B" at Southern Alberta "B"

##### Tier III

Wheatland at Capital District "C"  
Calgary "C" at Central Alberta "B"

##### Tier IV

Capital District "D" at Grande Prairie  
Central Alberta "C" at Southern Alberta "C"

#### Finals - Saturday, Nov. 19

##### Tier I

Calgary "A2"/Southern Alberta "A" host

##### Tier II

Central Alberta "A"/Capital District "B" host

##### Tier III

Wheatland/Capital District "C" host

##### Tier IV

Capital District "D"/Grande Prairie hosts

\* no changes made from 2010 other than switching hosts for the Semis. The hosts for the finlas will be the top listed Semi-Final winners.

### PEE-WEE

#### Semi-Finals and Finals - Saturday, Nov. 12

##### Tier I - FINAL

Capital District "A" at Calgary "A"

##### Tier II - FINAL

Capital District "B" at Calgary "B"

##### Tier III - SEMI-FINAL

Calgary "C" at Capital District "C"  
Central Alberta "A" - BYE

##### Tier IV - SEMI-FINAL

Capital District "D" at Lloydminster  
Central Alberta "B" - BYE

#### Finals - Saturday, Nov. 19

##### Tier III

Winner of Semi-Final at Central Alberta "A"

##### Tier IV

Winnder of Semi-Final at Central Alberta "B"

### ATOM

#### Finals - Saturday, Nov. 5

Capital District "A1" vs. Capital District "A2"

## Article: Heads up to parents - about concussion in youth sports

### Contact

Gail Hayes, CDC Injury Center, 770.488.4902

July 20, 2011 - OVERLAND PARK, KS., July 20, 2011 - The National Operating Committee on Standards for Athletic Equipment (NOCSAE) and the Centers for Disease Control and Prevention (CDC) are teaming up to launch "Heads Up to Parents," a new educational initiative designed specifically to provide parents with the facts about how to protect, prevent and respond to youth and high school athlete concussions. The partnership, made possible by a grant from NOCSAE to the CDC Foundation, builds on the CDC's successful "Heads Up" initiative featuring free tools for coaches, athletes, parents and healthcare professionals that provide important information on preventing, recognizing and responding to a concussion.

NOCSAE is an independent and nonprofit standard-setting body with the sole mission of enhancing athletic safety through scientific research and the creation of performance standards for protective equipment.

"Forty-five million kids and teens participate in organized youth sports each year. Parents, who know their young athletes best, are on the front line to identify concussion risks, injuries and help prevent long-term health problems," said Mike Oliver, executive director of NOCSAE. "Working with the CDC, we will help make sure parents get the facts they need quickly and easily to better protect athletes."

The CDC estimates approximately 1.6 to 3.8 million sports- and recreation-related concussions occur each year in the United States, and children and teens are at highest risk.

"The CDC is working on a series of projects focused on preventing and reducing the long-term impact of sports-related head inju-

ries. Public-private partnerships, such as this one supported by the National Operating Committee on Standards for Athletic Equipment, are helping the CDC get important, science-based messages out to parents, athletes, coaches and partners,” said Charles Stokes, president and CEO of the CDC Foundation. “We are proud to be able to connect the CDC with NOCSAE to help parents get the facts about concussion in sports, and we thank NOCSAE for their support of this important program.”

“Heads Up to Parents” will take advantage of the growing social media presence of the “Heads Up” initiatives, as well as existing CDC platforms and educational channels. A “Heads Up to Parents” micro website made especially for parents will house educational content, such as videos and downloadable resources.

Educational print materials will be developed to address key issues parents need to know about concussion prevention, recognition and response, as well as helmet safety (such as how to properly fit a helmet) that will be distributed through helmet check programs and activities. The program aims to present parents and athletes with concussion information before the start of the first practice.

“Parents play a key role in recognizing and responding to concussions. To keep young athletes safe, parents can follow the CDC’s “Heads Up” four-step action plan. If the athlete has experienced a bump or blow to the head or body, remove the athlete from play. Since a concussion can’t be seen, learning to identify concussion symptoms and danger signs can help to keep your child safe. Parents should seek the care of a healthcare professional experienced in evaluating for concussion and only allow their children to return to play when a healthcare professional says the athlete is free of symptoms and is ok to play,” says Richard C. Hunt, MD, FACEP, director of the Division of Injury Response, National Center for Injury Prevention and Control.

“Parents, when in doubt, keep the athlete out of play,” Dr. Hunt adds. “It’s better to miss one game that the whole season.”

Bob and Lisa Gfeller established the Matthew Allan Gfeller Foundation in memory of their 15-year-old son who died after suffering a traumatic brain injury during a varsity football game in August 2008. The foundation supports the role athletics can play in the lives of children, but believes that head injuries can be minimized through better equipment, training, diagnosis and early treatment.

“The partnership between NOCSAE and the CDC named ‘Heads up for Parents’ is a breakthrough idea for parents of student athletes all over the United States. Like so many parents, I never dreamed that our son was at risk of losing his life on the football field. I can’t overstate how important it is for parents to educate themselves and their young athletes about the risk of head injuries and how to protect against, diagnose and treat them. That is the mission of the Matthew Gfeller Foundation - to help parents prevent, recognize and treat youth sports head injuries. I commend NOCSAE and the CDC for their efforts. This new campaign will help us reach even more parents to better protect young athletes,” said Bob Gfeller, the father of Matthew and spokesperson for the Matthew Gfeller Foundation.”

“Heads Up to Parents” materials will begin to be available at the start of the school year. Free, downloadable CDC resources about concussion recognition, response and prevention can be found at [www.cdc.gov/concussion/sports/](http://www.cdc.gov/concussion/sports/).

The partnership with the CDC builds on NOCSAE’s ongoing efforts to protect athletes. Formed in 1969, NOCSAE is a leading force in the effort to improve athletic equipment and, as a result, reduce injuries. Based on the best available science, NOCSAE has established the most rigorous standards for football helmet performance. However, no football helmet can prevent all concussions.

NOCSAE is the leading nongovernmental source for research funding in all sports medicine and science related to concussion. Since 2000, NOCSAE has invested more than \$3 million toward understanding sport-related concussions and supporting research by the foremost experts in sports medicine and science to develop and advance athlete safety.

### About NOCSAE

NOCSAE, the National Operating Committee on Standards for Athletic Equipment, is an independent and nonprofit standard-setting body with the sole mission to enhance athletic safety through scientific research and the creation of performance standards for protective equipment. Formed in 1969, NOCSAE is a leading force in the effort to improve athletic equipment and, as a result, reduce injuries. NOCSAE efforts include the development of performance and test standards for football helmets and facemasks, baseball and softball batters and catchers helmets, baseballs and softballs, ice hockey helmets, soccer shin guards, lacrosse helmets and facemasks and polo helmets. NOCSAE is comprised of representatives from a number of groups which have an interest in athletic equipment - including manufacturers, reconditioners, athletic trainers, coaches, equipment managers, sports medicine and consumer organizations. These diverse interests have joined forces in an attempt to arrive at a common goal of reducing sports-related injuries. NOCSAE is a nonprofit, charitable organization supported by individuals and organizations with an interest in athletics.

### About the CDC Foundation

Established by Congress, the CDC Foundation helps the Centers for Disease Control and Prevention (CDC) do more, faster, by forging effective partnerships between CDC and corporations, foundations, organizations and individuals to fight threats to health and safety. The CDC Foundation manages approximately 200 programs in the United States and in countries around the world. For more information, please visit [www.cdcfoundation.org](http://www.cdcfoundation.org).



## Player Profile “The Eric Apparent” story by James Stevenson, U Magazine



**Second-year quarterback Eric Dzwilewski expects to take the Dinos back to the national championship Vanier Cup game for the third consecutive year this fall, and “win it all” this time.**

**After 5 games the 5-0 Dino Quarterback has completed 77-128 for a pct. of 60.2 & thrown for 1031 yards and 10 TD’s.**

The lead-up to last year’s Dinos football season had a pre-determined feel to it. Posters for Canada’s top-ranked university football team popped up across campus even before the season started, listing the game schedule all the way to the national championship Vanier Cup like it was all but inevitable.

After narrowly losing the championship the previous November, Canadian Interuniversity Sport (CIS) player of the year Erik Glavic was returning and ready—along with most of the team’s key starters—to quarterback the Dinos all the way to the Vanier Cup. Then in early September, everything changed as fast as you can say “ACL” when Glavic went down with a serious knee injury in the first game of the season.

Head coach Blake Nill was also in pain. “I’ve been around long enough to know that usually the key to winning the national championship is a senior quarterback. And when you have to start a rookie? You think: here we go again. Start rebuilding.”

Enter the other Eric. The new Eric. The hitherto unknown 18-year-old Eric Dzwilewski (pronounced: de-LESS-key) fresh from Boise, Idaho’s Centennial High School. The quarterback-of-the-future forced into the role of quarterback-of-last-resort to prevent the dream season deteriorating into a nightmare.

But the very next week, young Eric pulled off a win. And the team rallied around him. The Dinos kept winning. Four in a row to help power the University of Calgary to a 6-2 record and a third consecutive Canada West Hardy Cup victory and their second straight appearance at the Vanier Cup after all. In the November snow of Quebec City, they lost the national championship again last year, but didn’t come away empty handed. Dzwilewski, the first-year American who kept them in the hunt when things looked grim, was named Canadian university football’s rookie of the year.

This year, everything’s changed again with one of the biggest player turnovers in Nill’s memory. Erik Glavic and his sore knees have retired from football with just a few courses to go on his economics degree. A record-setting six other Dinos were taken in the spring’s Canadian Football League draft—speedy receivers Anthony Parker and Nathan Coehoorn were each selected in the top five. All in all, Nill thinks he could lose upwards of 12 starters from last year, putting more pressure on the remaining veterans.

Nervous anticipation for the start of this season is not limited to the football club, though. There’s been exciting changes in the offseason to a number of Dinos teams to heighten expectations. The women’s soccer team has a new—and full-time—coach set on bolstering the program and infusing it with international flavour. Men’s basketball has given its chances of success a giant boost

with the addition of a fifth-year All-Canadian from Ontario. And the national spotlight will be on teams like women's basketball and field hockey with the University of Calgary playing host to the CIS championships in both sports.

With the football team, all eyes will be on Dzwilewski. Though he won't turn 20 until the end of this season, he will be looked on to provide team leadership. And he relishes the opportunity. "Regardless of the guys who've left, I still think we're going to have a tremendous season. We still have an outstanding core of very experienced guys and the expectation I have is that we'll be heading back to the Vanier Cup for a third year in a row."

The big game this fall is slated to be played in Vancouver, and not only does Dzwilewski expect to be marching his team across the Rockies for it, but he intends "to win it all this time." There's no swagger or bravado in his words or demeanour, despite winning every game he started last year and snagging that rookie of the year trophy just four days after his 19th birthday. "I've had a lot of time to reflect on it, but honestly I don't think it's hit me yet. Maybe it will this season when I start playing, but I try to be as humble as I can because I don't want to boast. I just think it's bad karma. That's how I was raised."

Looking at him without pads, you'd think there'd be more rink than gridiron to him. An even six feet tall and 180 pounds, he's lean and strong but not at all imposing. Throw in his polite charm, and he's pretty far from classic quarterback stereotype. Yet his size, features and slight American accent easily draw comparisons to another northwestern U.S. kid who crossed the border to play ball, by the name of Dave Dickenson. And that's not a bad thing at all. Dickenson is still considered one of the greatest quarterbacks ever to play for the University of Montana and had a storied Canadian Football League career playing for both Calgary and Vancouver before joining the Stampeders' coaching staff.

The scouting report on Dzwilewski (known unfortunately—and unfairly—as Little Eric in his first year compared to the six-foot-six, 230-pound Glavic) centres on his mobility and running game. "His strength is essentially his ability to run the football," says Coach Nill. "He has a tremendous arm and can throw the ball when he needs to. But we didn't recruit him because we saw an American guy was available, we thought this was exactly the type of kid who fits perfectly into our style of play."

That recruiting process began more than three years ago, when a scout out of northern Oregon phoned Nill and said he'd found a kid who would be too small to play quarterback in the American college system, but who might fit nicely into the Canadian game. The Dinos kept their eyes on him, and called him during their playoff run two years ago just to get his blood flowing. But when it



comes to recruiting players from far away for university sports teams, you've got to start and finish your efforts with mom and dad. "My mom initially was just not digging it at all. She wasn't too happy," says Dzwilewski. "But my dad was probably more excited than I was when I committed here. He'd played college football in Connecticut and baseball at the Coast Guard Academy, so he's a real athlete."

To be fair, mom warmed up to the idea of her youngest child going off to a foreign country for school and football. And she was there in Quebec City when he won the top rookie trophy.

Dzwilewski likes Calgary, he likes the campus, he likes the after-football opportunities afforded to Dinos by the Fifth Quarter alumni association. Heck, he even likes our freakishly large football field. "The Canadian game suits me better as a quarterback. Everything's so spread out compared to the American fields and it really fits into my style of play and helps me see things better."