



**2010 Football Alberta Coaches Clinic
March 12 & 13
University of Calgary**



Location:

University of Calgary
2500 University Drive NW
Calgary, Alberta

Cost:

Football Alberta Member \$75/participant: \$90 at door.
Non Football Alberta Member \$85/participant: \$90 at door.

Accommodation:

Village Park Inn: rooms listed under Football Alberta Coaches Clinic
Reservations must be made prior to February 13
1-403-289-0241
1-888-774-7716
\$119.00 plus tax

Four Points Sheraton: rooms listed under Football Alberta Coaches Clinic
Reservations must be made prior to February 19
1-403-288-4441
1-877-288-4441
\$119.00 plus tax - Reserved Room rate for Coaches Clinic

Pre-Registration:

1. On-line Registration:

Follow the links

- a) <https://pr1web.ucalgary.ca/CamRecWebPublic/Event/EventList.aspx>
- b) Programs and Courses
- c) Football Coaches Clinic

2) Phone:

Kinesiology Client Services
403-220-7749

Please provide the following information when registering:

- a) Are you a member of Football Alberta?
- b) Names of Coaches Registering.
- c) How many coaches will be attending the Awards Luncheon?
- d) Name of High School/Bantam/University, etc.

**** Registration prior to Friday, March 5 is appreciated.**

New Program:

Equipment Fitting and Maintenance Clinic
Registration for Equipment Clinic is limited to 16 participants

**Registration
on site:**

Registration tables are located in Kinesiology Atrium area.
Registration packages will be available starting at 4:00 pm.

**Friday,
March 12**

Late registration and Football Alberta tables will be in the same area.

**Please remember that the first session begins at 5:50.
FRIDAY, MARCH 12- ICT BUILDING**

TIME	SPEAKER	RM	TOPIC
5:50 – 6:45 ITC Building	Greg Delaval University of Toronto Head Coach	121	Receivers – Skill Development
	Craig Dickenson Former Stampeders Coach	122	Special Teams Fundamentals Circuit Training
	Mac Read University of Calgary	102	Strength and Conditioning University of Calgary
6:55 – 7:50 ITC Building	Joe Dodd University of Calgary	121	Quarterbacks – Skill Development
	Craig Dickenson Former Stampeders	122	Getting the most out of your return game - KOR
	Jim McNally Former NFL Coach	102	Offensive Line Zone Blocking Theory
8:00 – 8:55 ITC Building	Greg Delaval University of Toronto Head Coach	121	Quick Passing Game
	Craig Dickenson Former Stampeders	122	Fundamentals of open field tackling and covering – KO, Punt
	Jim McNally Former NFL Coach	102	Offensive Line Front Side Zone Blocking
9:05 – 10:00 ITC Building	Bill MacDermott	121	Coaches Film Study 780-432-1355
	Mike Roach Former BC Lions Coach	122	Defensive Line Skills and Drills
	Jim McNally Former NFL Coach	102	Offensive Line Back Side Zone Blocking
10:00 – 12:00	COACHES SOCIAL		OVAL TRACK

SATURDAY, MARCH 13 - KINESIOLOGY BUILDING

TIME	SPEAKER	RM	TOPIC
8:30 – 9:30 Jack Simpson Gym	Mike Walker Edmonton Eskimos	JE	Defensive Line Run Reactions
	Craig Dickenson Former Stampeders	132	Developing Kickers and Punters
	Wayne Harris University of Calgary	JW	Linebackers Skills and Drills
9:45 – 10:45 Jack Simpson Gym	Jim McNally Former NFL Coach	JE	Offensive Line Pass Blocking One
	Mike Walker Edmonton Eskimos	132	Defensive Line Pass Rush Fundamentals
	Joe Dodd University of Calgary	JW	Quarterbacks Skills and Drills – Part One
11:00 – 12:00 Jack Simpson Gym	Jim McNally Former NFL Coach	JE	Offensive Line Pass Blocking Two
	Jason Tucker Edmonton Eskimos	132	Receivers Skills and Drills
	Joe Dodd University of Calgary	JW	Quarterbacks Skills and Drills – Part Two
12:15 pm	AWARDS LUNCHEON		Dining Centre, Alberta Room